Title of Capstone Project

Your name

Rasmussen College

Author Note

This paper is being submitted on _______________ for ______________NUR4909

Nursing Capstone course.
Quality and Safety Initiative Focus

Discuss why quality and safety is vital in your work area. Explain the topic you find most interesting. Maybe you are interested in the safety of water births because your facility does not allow them. You want to do some research to see if you can present information to leadership to allow them to occur. Describe a water birth and compare it to natural birth or cesarean section birth. These few paragraphs should pull the reader in and the last sentence should be your thesis statement, which lets the reader know what to expect to read about moving forward. Do not write in the first person. You should not use any personal pronouns. Remember that although this is personal for you, it is not personal for the reader. The reader wants the facts about the topic.

Rationale from Literature

What does the literature say about your topic? What does the literature tell you? Are they safe? Do they have fewer complications? Summarize the information here.

Personal Interest in Quality and Safety Initiative

What makes this topic important to you? Why are you interested in it? Are you interested in making a change in your unit or organization because of something that happened or something that you observe? Support your reason with rationale. Do not write in the first person.

Healthcare Organizational Setting

Is your organization acute or long-term care? How big is the facility? How many beds are in your unit? What is the typical patient population? What is the average length of stay? How many nurses are on per shift? How many CNAs? What is a nurse to patient ratio? What role
does the manager play in the unit? Are there a lot of new nurses or is there a mix of novice and experts?

**Project Goals**

Think of these as a short term or long term goal for a nursing care plan.

**Goal 1**

Your objective should be written in SMART goal format. S = specific, M=measurable, A= achievable, R= relevant or realistic, T = time specific.

**Goal 2**

Your objective should be written in SMART goal format. S = specific, M=measurable, A= achievable, R= relevant or realistic, T = time specific.

**Goal 3**

Your objective should be written in SMART goal format. S = specific, M=measurable, A= achievable, R= relevant or realistic, T = time specific.

**Goal 4**

Your objective should be written in SMART goal format. S = specific, M=measurable, A= achievable, R= relevant or realistic, T = time specific.

**Overview Lewin’s Change Theory**

Discuss Kurt Lewin’s change theory. Include the three stages.

**Rationale for Change Theory Integration**

Discuss why a change theory should implement a project such as a capstone project.

Why is important?
Examples Applying Lewin’s Change Theory to Integration of Capstone Project

Discuss Unfreezing (how will you ensure staff are ready for a change), change (how will you execute the change), and refreezing (how will you make sure the change becomes permanent) for your capstone project

Three Key Stakeholders with Rationale for Selection

Stakeholder I

Who is the most important person that needs to belong to your team to make your change successful? Discuss that person/group of people here.

Stakeholder II

A change involves multiple parties in a healthcare organization. Who else do you need on your team to make it a successful intervention?

Stakeholder III

While stakeholders are often in leadership positions, the change starts with those at the bedside. Make sure that you are identifying the Key players on your team.

Overview of Relevance and Importance of Evaluation

Discuss in detail why evaluation is essential. What good are goals if we do not evaluate them?

Rationale for Evaluation in a Quality and Safety Initiative

Then discuss why evaluation is vital for your change process.

Examples of Strategies for Evaluation of your Capstone Project

How will you evaluate your capstone project? In what ways can evaluation be performed for your project? Audits, surveys, observation, and testing, are examples. Speak in generalities here. Speak in depth in the next section.
The relationship between Project Objectives and Evaluation

How is evaluation essential to the objectives that you listed previously? Again, speak in generalities, later you will speak to the specific ways in which you will evaluate each goal/objective.

Concept of Project Impact in the Evaluation Process

Discuss impact evaluation here. How does it relate to your project and the evaluation process?

Anticipated Challenges and Strategies for Resolution

Describe at least two anticipated challenges and strategies that can be implemented to resolve or prevent them.

Anticipated Challenge I

Discuss the challenge that you might see during the change process

Strategy for resolution of the anticipated challenge

How might you prevent this from occurring or intervene if it should occur?

Anticipated Challenge II

Discuss the challenge that you might see during the change process

Strategy for resolution of the anticipated challenge

How might you prevent this from occurring or intervene if it should occur?

Specific Evaluation Plan to Measure and Evaluate Success of Each Project Objective

Discuss each objective and how it will be evaluated in detail here.

Role of the Nurse in Creating Quality and Safety Initiative

What role can the nurse play in a change process? Think about all that you have done up to this point. Can one person make a difference? Did you need to get others involved?
Self-Reflection; Experience Designing this Capstone Project

What did you learn from this process? Please remember to no write in the first person.

Although you are reflecting, this is a scholarly paper, and you should not use personal pronouns.

References
Appendix A

(Include your Annotated Bibliography here)

Your sources for the annotated bibliography can only come from peer-review journal articles. No use of websites, blogs or dot-com websites is allowed.

Author last name, author first initial. (2018). Title of article. *Name of Journal, volume* (issue), page numbers. doi:

Annotation in paragraph form, to include the following information: 2 to 4 sentences summarizing the main ideas of the article. 1 to 2 sentences to assess and evaluate the source. 1 to 2 sentence to reflect on the source (state whether this source was helpful or not).
Library link to help with annotated bibliography can be found here:

http://guides.rasmussen.edu/apa/annotatedbib